# dB math

Training materials for wireless trainers



The Abdus Salam International Centre for Theoretical Physics

# Goals

- To understand why we use dB to make calculations on wireless links.
- To learn dB math.
- To be able to solve some simple exercises.
- To understand what regulatory boards consider in their rules.

# Why do we use dB?

• The signal strength does not fade in a linear manner, but inversely as the square of the distance.

• You move by **x** and the signal decreases by **1/x**<sup>2</sup>; hence, the **"inverse square law."** 

$$\begin{array}{ccc} 2 \rightarrow \frac{1}{4} \\ 4 \rightarrow \frac{1}{16} \\ 8 \rightarrow \frac{1}{64} \end{array}$$

• The fact that exponential measurements are involved in signal strength measurement is one reason why we use a logarithmic scale.

# Intro to dB

- Decibels are a relative measurement unit unlike the absolute measurement of milliwatts.
- The decibel (dB) is an expression of the relationship between a variable quantity and a known reference quantity.
- The calculation of decibels uses a logarithm to allow very large or very small relations to be represented with a conveniently small number.
- On the logarithmic scale, the reference cannot be zero because the log of zero does not exist!

## dB and mW

The reference point that relates the logarithmic dB scale to the linear watt scale is:

#### $1 \text{ mW} \rightarrow 0 \text{ dBm}$

The m in dBm refers to the fact that the reference is I mW, and therefore a dBm measurement is a measurement of absolute power.

# dB and mW

• To convert mW to dBm:

 $P_{dBm} = 10 \log_{10} P_{mW}$ 

10 times the logarithm in base 10 of "P in mW"

• To convert dBm to mW:

 $P_{mW} = 10^{P_{dBm}/10}$ 

10 to the power of ("P in dBm" divided by 10)

• Gains and losses are **additive**.

# dB and mW

• To convert mW to dBm:

100mw

 $log_{10}$  **IOO = 2** and **IO^2=IOO** 

20dBm  $\rightarrow 100$ mW

50mw

 $\log_{10} 50 = 1.698$  and  $10^{1.698} = 50$ 

16.9dBm  $\rightarrow$  50 mW

# Using dB

Commonly used (and easy to remember) dB values:

+3	dB	= double power
- 3	dB	<pre>= half the power</pre>
+10	dB	= 10 times the power
-10	dB	= one tenth power

For example:

# Using dB



# dB and milliwatts

It is easy to use dB to simplify the addition of gains and losses, then convert back to milliwatts when you need to refer to the absolute power.

1	mW		=	0	dBm
2	mW		=	3	dBm
4	mW		=	6	dBm
8	mW		=	9	dBm
10	mW		=	10	dBm
100	mW		=	20	dBm
1000	mW	(1W)	=	30	dBm

#### Simple dB math

How much power is 43 dBm?

- +43 dBm is 43 dB relative to 1 mW
- ▶ 43 dB = 10 dB + 10 dB + 10 dB + 10 dB + 3 dB
- I mW x 10 = 10 mW x 10 = 100 mW x 10 = 1000 mW x 10 = 10 000 mW x 2 = 20 000 mW = 20 W
- Therefore, +43 dBm = 20 W

#### What about negative values?

Negative doesn't mean bad.;-)

How much power is -26 dBm?

- -26 dBm is ImW (0dBm) "minus" 26 dB
- -26 dB = -10 dB 10 dB 3 dB 3 dB
- ▶ I mW / I0 = I00 µW
- ▶ 100 µW / 10 = 10 µW
- I0 μW / 2 = 5 μW
- 5 μW / 2 = 2.5 μW (2.5 × 10<sup>-6</sup> W)
- ▶ -26 dBm = 2.5 µW

#### dB and antennas

- When quantifying the gain of an antenna, the decibel units are represented by **dBi**
- The i stands for isotropic, which means that the change in power is referenced against an isotropic radiator.
- An isotropic radiator is a theoretical ideal transmitter that produces an electromagnetic field in all directions with equal intensity at 100% efficiency.

## Intentional radiator

- An antenna element is a passive device: it cannot add power!
- The antenna can create the effect of amplification by virtue of its physical shape.



# Intentional radiator

- Any reference to "power output of the intentional radiator" refers to the power output at the end of the last cable or connector before the antenna.
- If a 100 mW radio loses 50 mW of power in the cable and another 25 mW from connectors, the power of the intentional radiator is 25 mW.



# Equivalent Isotropically Radiated Power (EIRP)

- EIRP is the Equivalent Isotropically Radiated Power
- EIRP is the power actually radiated by the antenna element and is important because it is regulated by the regulatory agencies.
- EIRP is used to calculate whether or not a wireless link is viable.
- EIRP takes the gain of the antenna into account.



#### Example



Using mW

Power in A		wer in A	Loss of cable	Power in B	Loss of adapter + cable	Power in C	Gain of antenna	Power in D
		100 mW	half (-3 dB)		half (-3 dB)		16 times (+12 dBi)	
			100 mW / 2	50 mW				
					50 mW / 2	25 mW		
							25 mW x 16	400 mW

#### Example



Using dB

Power in A		wer in A	Loss of cable	Power in B	Loss of adapter + cable	Power in C	Gain of antenna	Power in D
		20 dBm	-3 dB		-3 dB		+12 dBi	
			-3 dB	I7 dBm				
					- 3 dB	I4 dBm		
							+ 12 dBi	26 dBm

# Regulations

- The regulators have rules defining both the power output at the intentional radiator and at the EIRP.
- The FCC (Federal Communications Commission USA) enforces certain rules regarding the power radiated by the antenna element, depending on whether the implementation is point-to-multipoint or point-to-point.
- For example, the FCC limits the EIRP of PtMP links to 4 watts, with the power limit for the intentional radiator set to 1 watt.

### Conclusions

- dB provide an easier way to make calculations on wireless links.
- The main advantage of using dB is that gains and losses are additive.
- Use the Intentional Radiator and the EIRP when checking that your system complies to the regulation of your country.

# Thank you for your attention

For more details about the topics presented in this lecture, please see the book **Wireless Networking in the Developing World**,

available as free download in many languages at:

http://wndw.net

